

Comprehensive Integrated Inpatient Rehabilitation Program Scope

316 Calhoun Street I Charleston, SC 29401 (843) 724-2842 P www.rsfh.com/rehabhospital

- Services are provided by an interdisciplinary team with knowledge and clinical skills to deal with
 the profound impact of disability and handicaps upon individuals, their families, and significant
 others. The team includes physicians, nurses, physical therapists, occupational therapists,
 recreational therapists, speech language pathologists, neuropsychologist, physiatrists, dieticians,
 case management social workers, wound care specialists, respiratory therapists, and other
 ancillary services as required for the patient's needs.
- 2. Medical and ancillary services including diagnostic testing, laboratory services, and pharmacy services are available on-site 24 hours a day 7 days a week.
- 3. Patient Population: Adult ages 18-65 and Geriatric ages 65 and up. Information is provided at the level of the client's comprehension. The approach with the client is appropriate for client's age (adult 18-65 and geriatric 65 and up). Services provided are based on the biological, cultural, and psychosocial needs of the patient as identified on assessment. The scope and intensity of the program is individualized and progresses in accordance with the patient's needs.
- 4. Candidates for the comprehensive inpatient rehabilitation program include, but are not limited by, the following 60% rule diagnoses: spinal cord dysfunction caused by trauma, cancer, or inflammatory conditions including ALS, Parkinson's, Multiple Sclerosis, Muscular Dystrophy, polyneuropathy, neurological disorders, multiple trauma; hip fracture; congenital deformity; burns; amputation. Patients who meet admission criteria and have a diagnosis outside the 60% rule, such as knee/hip replacements and general deconditioning, may be admitted as permitted to assure compliance with the 60% rule mandated by Medicare regulations.
- 5. Goals are set by the team that includes the patient and reviewed in conference at least weekly to assure continuity of care and appropriateness of services. Each patient participates in at least three hours of therapy daily, defined as 5 out of 7 days per week or on occasion and under special circumstances 15 hours over 7 days.
- 6. The hospital will promote the availability of quality health care by continued affiliation with institutions dedicated to the education of health care practitioners and research activities in the management and delivery of services.
- 7. **Hours of Operation:** The unit is open for patient care 24/7.Rehab nursing is provided 24 hours a day,7 days a week.
- Payor Sources: All forms of funding sources include Medicare, Private pay, Commercial Insurance, Workers Comp, DDSN, Self-pay and unfunded patients who meet admission criteria are also admitted.
- 9. Patients admitted to the unit must have a practical discharge plan. At discharge, services for continued follow-up for the patient are arranged and include home health services, outpatient services, skilled nursing facilities, assisted living facilities, boarding homes, and acute rehabilitation facilities. During the patients stay on the unit support services are established for those patients and families that agree

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to the service. Those services include, but are not limited to, peer visits, support groups, outside counseling and neuropsychology appointments.

- 10. Referral sources include hospitals, home health, insurance companies, physicians, family members, and other sources.
- 11. Fees are established annually through the budget process approved by the Board of Directors and distributed as a charge master to management and directors at Roper Rehabilitation Hospital.
- 12. In 2024 the major characteristics of all patients seen were:
 - a. Average age of 69.3.
 - b. Discharge to home 84.2%.
 - c. Discharge to acute facility 6.7%
 - d. Males 52.5% and Females 47.5%.
 - e. Average length of stay 13.9 days.
 - f. 2024 outcomes by diagnosis. (See table below)

	Stroke	Brain Injury	Spinal Cord Injury	General Rehab
# of Discharges in Sample	177	93	104	590
Average Age	73	60	57	72
Discharged to Home	80.2%	79.6%	81%	86.8%
Change in mobility score at discharge	32.8	34.7	33.7	37.7
Change in selfcare score at discharge	14.1	14.6	14.5	13.1
Average Length of Stay (Days)	15.1	12.4	21.8	12
% of Patients Rating Quality as Excellent	87%	83%	92%	86%
Average hours of daily therapy	>3	>3	>3	>3
Unplanned transfers to acute hospital	6.2%	14%	10.6%	5.6%